



# Community Reflections

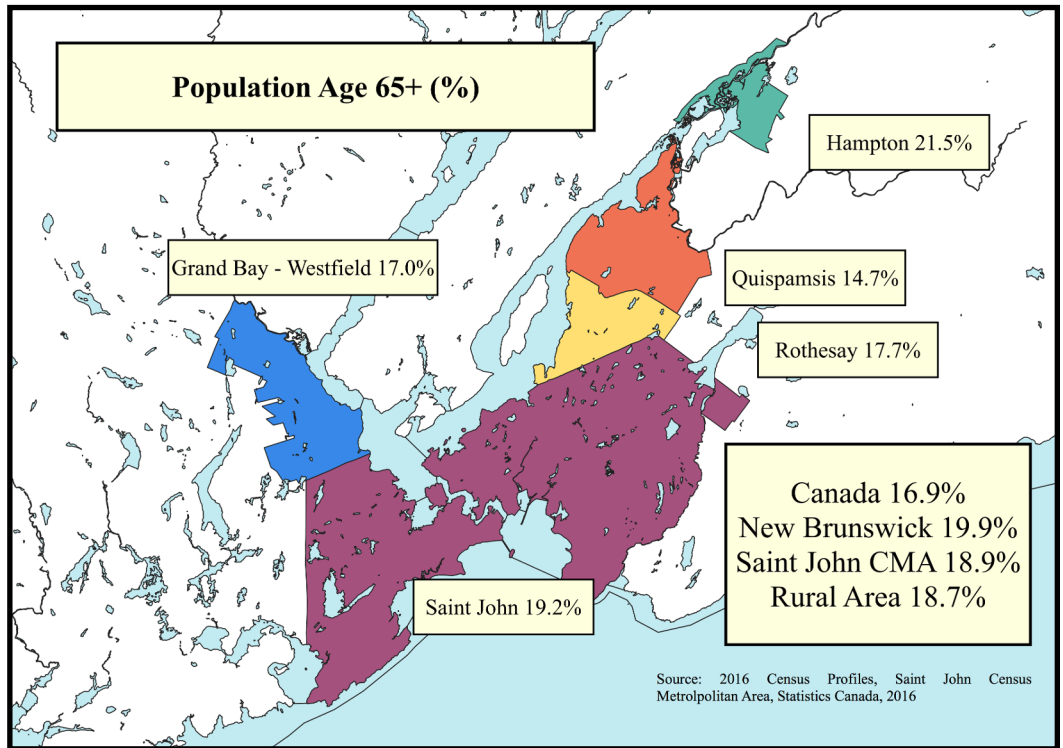
In this issue...

How does our senior population compare...  
Nationally?  
Provincially?  
Locally?

The 65+ Age Group

What is so significant about the 65+ age group? The number of seniors in a given area indicates how many assisted living facilities may be needed and provides insight into specific health care needs for a region.

## Senior population in the CMA



According to the 2016 Census, the senior populations in the City of Saint John and Hampton are well above national and provincial rates. Quispamsis ranks lower than the national and provincial rate with 14.7% of the population comprised of seniors.

**The Saint John CMA is home to 22,950 seniors (65+)**

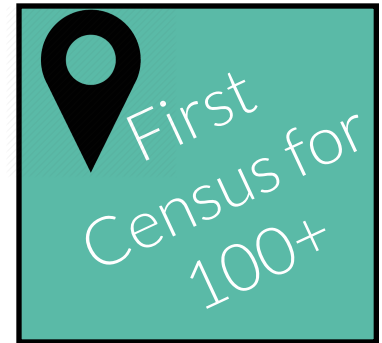
**27% of seniors 65+ live alone in the Saint John CMA**

**There are 45 seniors aged 100+ in the CMA; 5 Male and 40 Female**

\*Source: 2016 Census Profiles, Saint John Census Metropolitan Area (CMA), Statistics Canada, 2016



	Population			
	65-84	85-99	100+	TOTAL
<b>Canada</b>	<b>5,164,850</b>	<b>762,460</b>	<b>8,230</b>	<b>5,935,540</b>
<b>New Brunswick</b>	<b>131,165</b>	<b>17,415</b>	<b>205</b>	<b>148,785</b>
<b>Saint John CMA</b>	<b>20,080</b>	<b>2,830</b>	<b>45</b>	<b>22,955</b>
Saint John (City)	10,985	1,940	35	12,960
Rothsay	1,885	185	0	2070
Quispamsis	2,710	315	5	3,030
Hampton	920	80	0	1,000
Grand Bay-Westfield	845	75	0	920
Rural Areas	2,735	235	5	2,970



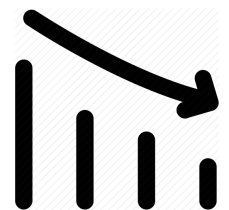
This is the first time that Statistics Canada included a 100+ category in the census. Prior to the 2016 census the upper age boundary was 85+. People are living longer! For example, in 1996 the median age in Canada was 37.6; in 2016 the median age was 45.7.

Source: 2016 Census Profiles, Saint John Census Metropolitan Area, Statistics Canada, 2016

## Overall Poverty Rate vs. Senior Poverty Rate\*

	Canada	NB	Saint John CMA	Saint John (City)	Rothsay	Quispamsis	Hampton	Grand Bay - Westfield
Overall Poverty	16.8%	17.1%	17.0%	22.6%	9.8%	8.1%	12.5%	7.8%
Senior Poverty	13.0%	14.2%	11.0%	13.6%	5.0%	6.0%	8.7%	7.1%

**What does this tell us?** In each municipality, the senior poverty rate is lower than the overall poverty rate. Seniors are eligible to receive financial supports from government including Old Age Security (OAS) and Guarantee Income Supplement (GIS). The lower senior poverty rate is an example of how government transfers can favourably impact a person's financial well-being.



\*Source: "% of persons 65+ living in low-income," T1 Family File (T1FF) Table I-13, Statistics Canada: Income Statistics Division, 2016.