



# Swimming Lessons

Ages 3 & Up  
June 11 - August 8 (8 weeks)

**Fee: \$84**

**Tuesdays, Wednesdays, or Thursdays**

**30 minute lessons between 1:00pm–4:00pm (15 minutes before and after lesson to change & shower—no time to wash and dry hair)**

**Children need to be potty trained.**

**Absentees are not eligible for refunds or make up lessons.**

**See [qrccp.org](http://qrccp.org) for details on swimming lesson skills**

Learning to swim at Quentin Road is so much fun! With 90° warm water, a variety of pool toys, slides, small classes and happy instructors, your child will love the water!

The Quentin Road Instructors use a skill based program referencing the YMCA and the American Red Cross as guidelines for our swimming lessons. Class size is limited to 4 to 1 for Preschool, and 6 to 1 for Kindergarten and up. We have a minimum of 2 Lifeguard Certified Instructors and an additional Lifeguard at poolside at each lesson. If their swim lesson is during their scheduled camp day, they will be accompanied to and from the pool area.

No Lessons on June 27, July 4, July 16-17

## Checklist:

- a separate swim bag, no plastic grocery bags
- a modest one piece bathing suit
- a towel
- a comb or brush
- long hair must be tied back
- goggles with your child's name on them (not required, but recommended)
- swim shoes (not required, but recommended)

