'EVERYONE COUNTS' IN NEW BRUNSWICK
HIGHLIGHTS FROM THE 2018 POINT IN TIME COUNT
About the Human Development Council:

The Human Development Council identifies and addresses social issues in Greater Saint John through research, information, coordination, and networking.

It can be found on the 3rd floor of the Social Enterprise Hub. 139 Prince Edward St. Saint John, NB. E2L-3S3.

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Thanks are extended to the hundreds of volunteers, community partners, and survey participants in Bathurst, Fredericton, Moncton, and Saint John, without whom the 2018 Point in Time Counts would not have been possible. In particular, the contributions of the Greater Moncton Homelessness Steering Committee, the Fredericton Community Action Group on Homelessness, and the Saint John Community Council on Homelessness were invaluable.

This report is dedicated to those who face homelessness in our communities- thank you for sharing your stories with us.
INTRODUCTION

This report highlights New Brunswick findings from the national 2018 Point-in-Time (PiT) Count, “Everyone Counts”. The count, which took place in Fredericton, Moncton, Saint John, and Bathurst, occurred on March 15th, 2018. This was the second nationally coordinated PiT Count under the Government of Canada’s Homelessness Partnering Strategy (HPS). The first, conducted in 2016, included 32 cities nationwide. In 2018, this expanded to more than 60 cities. In New Brunswick, counts were planned in close consultation with the cities’ Community Advisory Boards on Homelessness (CABs), and the four cities worked in partnership to ensure consistency across the region. The findings presented in this report, based on surveys conducted with 269 people, include basic demographic information, common reasons for housing loss, and most needed social services. Beyond the highlights presented here, the data gathered through this project offers the opportunity for greater analysis in the months and years to come.

WHAT IS A POINT-IN-TIME-COUNT?

A Point in Time Count provides a community with a snapshot of homelessness over a 24-hour period. It is particularly helpful in estimating the minimum number of people experiencing homelessness in emergency shelters, transitional housing, and unsheltered locations on the day of the count. It may also include people in public systems (e.g., hospitals or corrections facilities) who do not have a place to go when they are released. A PiT Count, however, is not just a “count”, it also includes a survey component. Conducting a survey allows us to collect valuable information on those who are experiencing homelessness in our community. When done repeatedly, over a number of years, a PiT Count can help communities evaluate their progress in reducing homelessness and track changes in the demographics and service needs of their homeless population. When considered alongside other measurement tools such as local progress reports and shelter statistics, the findings of a PiT Count can help to provide a better understanding a community's homeless population.

2 Components of a PiT Count

Enumeration

The **total number** of individuals who were identified as homeless based on a count of all individuals staying in emergency shelters, domestic violence shelters, transitional housing, or sleeping rough (e.g., on the street, in a vehicle, in a park, etc.) during the count.

Survey

A series of **questions** posed to individuals experiencing homelessness during the count. With this information, communities can gain a better understanding of the characteristics of their homeless population, including demographics, reasons for housing loss, and service needs.
LIMITATIONS OF A PiT COUNT

A PiT Count can be very helpful in measuring a particular kind of homelessness* at a particular point in time. It does not, however, paint a complete picture of homelessness in a community – nor can it be generalized to other populations, geographic regions, or points in time. One notable limitation of a PiT Count is its inability to adequately enumerate hidden homelessness (e.g., people couch surfing or staying with family or friends). Also, it is important to consider that a PiT Count focuses specifically on one 24-hour period rather than tracking indicators over a prolonged period of time. Given these limitations, a PiT Count should be used to complement other sources of information such as local homelessness progress reports, shelter statistics, and housing wait-lists.

OVERVIEW

The communities of Bathurst, Fredericton, Moncton, and Saint John are designated communities under the Homelessness Partnering Strategy (HPS); they are regions that have been identified by the federal government as having a homelessness issue. These designated communities applied for PiT count funding through HPS and were successful. The funding guidelines indicated a two-month window within which to do the counts: March and April of 2018. March 15th was chosen in all 4 communities.

In the lead up to the count, the local CABs worked collaboratively with PiT staff to create an action plan for the day of the count. Communities were divided geographically into zones that volunteers would use as boundaries for their street counts. Hot spots, where people facing homelessness are more likely to be located, were identified by key informants. Service providers including emergency shelters, violence against women shelters, drop ins, community meals, harm reduction organizations, amongst others were invited to take part. In order to promote participation, some organizations planned events for the day of the count. Service providers were given the option of having their staff or PiT volunteers administer the survey on site; all surveyors were trained.

All communities were obligated to ask 14 core questions. Additional questions could be added based on local concerns or interest (See Schedule D for a full list of survey questions). The survey itself was designed through community consultation and with local context in mind.

Those who participated in the survey were offered a modest gift card. They were given the option of skipping questions they did not wish to answer and of partially completing a survey. All responses were included in the survey results.

*Pit Counts are designed to measure “absolute homelessness” which includes people who are sleeping in shelters, transitional apartments or on the streets. Hidden homelessness, which PiT Counts are not designed to measure, includes those who are couch surfing (e.g., staying with family or friends)
Annual progress reports on emergency shelter use in NB suggest only modest change in the homeless population over the last two years. The increase in the number of completed surveys from the 2016 count to the 2018 count are largely understood to be the result of increased community involvement. Because this was the second count to occur in New Brunswick, there was better overall buy-in from community members. An additional 10 service providers participated in the 2018 count; they likely encountered more people experiencing homelessness.

Youth homelessness continues to stand out as an issue requiring further attention and action. It is generally understood that homeless youth have a higher risk of being victimized, experiencing mental health and addiction symptoms, and becoming chronically homeless. In designing local responses to homelessness, we must take the specific needs of homeless youth into account.

This is more than double the prevalence of those aged 50-64 (23%). We see a significant reduction in people experiencing homelessness who are aged 65 or older- only 3% of survey respondents are senior citizens. While there may be several reasons for this, many experts attribute the increase in housing stability for people in this age bracket to additional income guaranteed through old age security benefits.

Of those who indicated having been in care, 37% indicated that they became homeless in the first year, and 20% in the first 3 months, after leaving foster care or a group home. This suggests that many people transitioning out of care have difficulty finding and maintaining housing.

59% of participants had been to an emergency room in the past year, while 32% had been hospitalized. 41% of respondents had at least 1 interaction with police, and 22% indicated that they had gone to prison/jail in the past 12 months. Alleviating the demand on a community’s emergency services to allow for more efficient use of resources is often cited as one of the many benefits for preventing and reducing homelessness in a community.
Indigenous people continue to be over-represented in our homeless population.

While 4% of New Brunswickers identified as having indigenous identity in the 2016 census, 23% of individuals surveyed in the 2018 PiT count reported indigenous identity or ancestry. These findings are consistent with national trends and are a startling indicator of over-representation.

Men made up a majority of the population surveyed at 59%.

In contrast, women represented 38% of the surveyed population in NB. It is generally understood that women tend to face more hidden homelessness and are therefore not adequately captured by PiT counts. 3% of respondents were transgender, two-spirit, or genderqueer.

17% of the respondents identified as being LGBTQ2S+.

Those who are LGBTQ2S+ are understood to be at an increased risk of facing homelessness; however, because we do not gather statistics on sexual orientation in the general population, this is difficult to confirm. Our local figure could very well be conservative. There are no specialized LGBTQ2S+ shelter options in NB- and very few specific support programs. Most shelters are gendered, serving either women or men, which can be problematic for those who are transgender.

Mental health and substance abuse were the two most commonly identified health issues experienced by survey respondents.

Mental Health and or addiction is a commonly cited reason for people’s housing loss, and typically homelessness only further complicates an individual’s road to recovery. 51% of those who responded said they were currently experiencing challenges with their mental health and 41% were suffering from an active addiction. These findings point to the importance of programs that can quickly move homeless people into permanent, affordable and adequate housing while providing them with the necessary supports to achieve stability in both their housing and quality of life.

Survey participants continue to attribute their homelessness to an inability to pay rent, and to struggles with domestic violence, mental health, and addictions. A majority of respondents, stated they would like to have housing (92%) and identified income as the number one barrier in attaining it. These results largely confirmed communities' understanding of the demographics, root causes, and every day challenges faced by those experiencing homelessness in New Brunswick. The following infographics present the key findings: first for New Brunswick collectively and then for the four communities that participated in the 2018 Point in Time count.
The Point-in-Time (PiT) Count is a strategy to help determine the extent of homelessness in a community at a single point in time. PiT counts allow a community to better understand the nature of homelessness and the demographics of the homeless population. Conducting a PiT count is a first step in creating future measures towards reducing homelessness. This project was funded in part by the Government of Canada’s Homelessness Partnering Strategy. The count occurred in Bathurst, Fredericton, Moncton, and Saint John.

120 Volunteers
315 People Counted
269 Completed the Survey
24% Moved to an Urban City in the Past Year
59% Male
38% Female
3% Transgender, Two-Spirit, or Genderqueer
23% Identified as Indigenous or of Indigenous Ancestry

SLEEPING LOCATIONS

- 39% Emergency Shelter / Domestic Violence Shelter
- 33% Transitional Shelter / Housing
- 10% Hospital / Jail / Prison / Remand Centre
- 12% Someone Else's Place
- 3% Public Space (Sidewalk / Park / Bus Shelter)
- 1% Respondent Doesn't Know (Likely Homeless)
- 1% Motel / Hotel

REASON FOR HOUSING LOSS

- Addiction / Substance Use
- Conflict with Spouse/Partner
- Incarceration
- Mental Health Counseling
- Addiction/Substance Use Supports
- Interventions for Serious Medical Conditions

AGE

- 25-49 49%
- 50-64 26%
- 65+ 3%
- 16-24 22%
- 1-15 1%
- 1-5 1%

MOST REQUESTED SERVICES
The Point-in-Time (PIT) Count is a strategy to help determine the extent of homelessness in a community at a single point in time. PIT counts allow a community to better understand the nature of homelessness and the demographics of the homeless population. Conducting a PIT count is a first step in creating future measures towards reducing homelessness. This project was funded in part by the Government of Canada Homelessness Partnering Strategy. The count occurred in Bathurst, Fredericton, Moncton, and Saint John.

38% of our (surveyed) homeless population are women.

4% of New Brunswick's population are indigenous.

23% of our (surveyed) homeless population are indigenous.

22% of our (surveyed) homeless population are youth ages 16-24.

At least 50 children under 14 were homeless.

1. Youth are considered as 16-24 and not attached to a parent or guardian.
2. Children are considered as 18 and under and attached to a parent or guardian.
On PiT day in Saint John, 117 individuals experiencing absolute homelessness were counted, 92 of whom completed a survey. Additionally, 21 individuals facing hidden homelessness (couch surfing) completed surveys making for a total of 113. This is a significant increase over 2016, when 60 people were counted. It is important to note that we are comparing the state of homelessness on two isolated days- the increase could be due to any number of confounding factors. Changes can also be attributed to how the count was administered- in 2016, hidden homelessness was not included; there were more service providers involved in 2018.

In 2018, 13 service providers took part in the count, as did 48 volunteers.

Saint John Service Provider Locations
Avenue B Harm Reduction Inc.
Coverdale Centre
First Steps Housing Project
Fresh Start Services for Women/YWCA
Hestia House
John Howard Society

MP Wayne Long’s Office
Outflow Men’s Shelter
Romero House
Safe Harbour House
The Salvation Army
The Teen Resource Centre
2nd Stage Housing
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On PiT day in Moncton, 113 individuals experiencing absolute homelessness were counted, 66 of whom completed a survey. Additionally, 30 individuals facing hidden homelessness (couch surfing) completed surveys making for a total of 96. This is a significant increase over 2016, when 77 people were counted. It is important to note that here we are comparing the state of homelessness on two isolated days- the increase could be due to any number of confounding factors. Changes can also be attributed to how the count was administered- in 2016, hidden homelessness was not included; there were more service providers involved in 2018.

In 2018, 12 service providers took part in the count, as did 30 volunteers.
The Point-in-Time (PIT) Count is a strategy to help determine the extent of homelessness in a community at a single point in time. PIT counts allow a community to better understand the nature of homelessness and the demographics of the homeless population. Conducting a PIT count is a first step in creating future measures towards reducing homelessness. This project was funded in part by the Government of Canada Homelessness Partnering Strategy. The count occurred in Bathurst, Fredericton, Moncton, and Saint John.

**REASON FOR HOUSING LOSS**
- Unable to Pay Rent/Mortgage
- Conflict with Spouse/Partner
- Job Loss

**SLEEPING LOCATIONS**
- 34% Emergency Shelter / Domestic Violence Shelter
- 26% Transitional Shelter / Housing
- 16% Hospital / Jail / Prison / Remand Centre
- 13% Someone Else's Place
- 6% Public Space (Sidewalk / Park / Bus Shelter)
- 3% Motel / Hotel
- 2% Respondent Doesn't Know

**MOST REQUESTED SERVICES**
- Mental Health Counseling
- Addiction / Substance Use Supports
- Interventions for Serious Medical Conditions

**MOST REQUESTED SERVICES by Age**
- 25-49: 48%
- 50-64: 29%
- 65+: 4%
- 16-24: 19%
- Respondent Doesn't Know: 6%

**People Counted**
- 30 Volunteers
- 113 People Counted
- 96 Completed the Survey
- 12.5% Moved to Moncton in the Past Year
- 61% Male
- 35% Female
- 4% Transgender, Two-Spirit, or Genderqueer
- 2.8% Identified as Indigenous or of Indigenous Ancestry
On PiT day in Fredericton, 70 individuals experiencing absolute homelessness were counted, 44 of whom completed a survey. Additionally, 6 individuals facing hidden homelessness (couch surfing) completed surveys making for a total of 50. This is a significant increase over 2016, when 50 people were counted. It is important to note that here we are comparing the state of homelessness on two isolated days- the increase could be due to any number of confounding factors. Changes can also be attributed to how the count was administered- in 2016, hidden homelessness was not included; there were more service providers involved in 2018. While Saint John and Moncton both did their street counts in the evening, Fredericton conducted theirs in the morning.

In 2018, 10 service providers took part in the count, as did 42 volunteers.

<table>
<thead>
<tr>
<th>Fredericton Service Provider Locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. John House</td>
</tr>
<tr>
<td>Grace House for Women</td>
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<tr>
<td>Chrysalis House</td>
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<tr>
<td>Women in Transition House</td>
</tr>
<tr>
<td>Fredericton Downtown Community Health Center</td>
</tr>
<tr>
<td>King's Place</td>
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<tr>
<td>Fredericton Public Library</td>
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<tr>
<td>Victoria Health Centre</td>
</tr>
<tr>
<td>Fredericton Community Kitchen</td>
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<tr>
<td>Liberty Lane</td>
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</tbody>
</table>
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Conclusion

On March 15th, 315 people were found to be homeless in the 4 participating cities in New Brunswick. The initial results of the 2018 Point in Time count largely confirm the shared understanding communities have of the general demographics, root causes, and experiences of those who are experiencing absolute homelessness. Males made up 59% of this group, females 38%, and 3% were either transgender, two-spirit, or genderqueer. Those who experienced the greatest prevalence of homelessness were those aged 25-49 years. However, youth homelessness continues to be a major concern; 22% of respondents were youth aged 16-24. Those identifying as Indigenous or LGBTQ2S+ continue to be over represented among the homeless population. While there were few surprises in the initial findings, the 2018 Point in Time Count continues to provide opportunity for deeper understanding through further analysis.

Of interest to the community are Individuals whose experiences with homelessness are more persistent, often lasting several months or years. These individuals are particularly vulnerable, often have more complex needs, and as a result tend to require more emergency interventions (and experience higher morbidity rates). Information gleaned from Point in Time counts along with other activities can assist the effort in helping homeless individuals attain a higher quality of life while reducing the burden on public systems.

In addition to the results captured in this Point in Time Count, the process of engaging in a shared project was of benefit to the community. By working in partnership, community based agencies, government departments, and the general public developed a shared understanding of the homeless population. This collaboration is in itself beneficial, as is having data that all stakeholders are confident in. Better data can assist in keeping vulnerable people from exiting systems into homelessness, prevent people from becoming entrenched in homelessness, and help to ensure that homelessness occurs for the least amount of time to the fewest amount of people and can ultimately enrich a community.
## SCHEDULE A: COMPARISON OF CITY STATISTICS 2016 - 2018

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</thead>
<tbody>
<tr>
<td><strong>Number of People Counted</strong></td>
<td></td>
<td>60</td>
<td>117</td>
<td>50</td>
<td>70</td>
<td>50</td>
<td>77</td>
<td>113</td>
<td>113</td>
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<tr>
<td><strong>Completed Surveys</strong></td>
<td></td>
<td>60</td>
<td>113</td>
<td>34</td>
<td>50</td>
<td>59</td>
<td>96</td>
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<tr>
<td><strong>Gender Breakdown</strong></td>
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<tr>
<td>Identified as Indigenous</td>
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<td></td>
<td>28%</td>
<td>44%</td>
<td>22%</td>
<td>48%</td>
<td>41%</td>
<td>12.5%</td>
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<tr>
<td>Moved to the City in the Past Year</td>
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<tr>
<td>Shelter / Transitional Housing</td>
<td></td>
<td>56</td>
<td>102</td>
<td>44</td>
<td>66</td>
<td>53</td>
<td>90</td>
<td></td>
<td></td>
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<tr>
<td>Sleeping Rough</td>
<td></td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>2</td>
<td>21</td>
<td>6</td>
<td></td>
<td></td>
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<tr>
<td>Next Sleeping Location Unknown</td>
<td></td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>2</td>
<td>3</td>
<td>2</td>
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<tr>
<td>Domestic Abuse &amp; Family Conflict</td>
<td></td>
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<td></td>
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<tr>
<td>Domestic Abuse by Spouse or Partner</td>
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<tr>
<td>Chronic Homelessness +6 months/ year</td>
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<tr>
<td>Episodic Homelessness +3 times/ year</td>
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</tbody>
</table>

**DEMOGRAPHICS**

- **Gender Breakdown**
  - Saint John: 55% Male, 45% Female
  - Fredericton: 54% Male, 44% Female, 2% Transgendered, Two-spirited, or Genderqueer
  - Moncton: 71% Male, 26% Female, 3% Declined

**SLEEPING LOCATIONS**

- **Shelter / Transitional Housing**
  - Saint John: 56
  - Fredericton: 44
  - Moncton: 53

**REASON**

- **Domestic Abuse & Family Conflict**
  - Saint John: 32%
  - Fredericton: 36%
  - Moncton: 45%

**TIME**

- **Chronic Homelessness +6 months/ year**
  - Saint John: 20%
  - Fredericton: 24%
  - Moncton: 46%

- **Episodic Homelessness +3 times/ year**
  - Saint John: 20%
  - Fredericton: 44%
  - Moncton: 41%
### SCHEDULE B: STATISTICS OF INTEREST FOR SERVICE PROVIDERS

<table>
<thead>
<tr>
<th></th>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>How many were staying in an emergency shelter?</td>
<td>44 (n=113)</td>
<td>20 (n=50)</td>
<td>33 (n=96)</td>
<td>7 (n=10)</td>
</tr>
<tr>
<td>How many adults were staying in Violence Against Women Shelters?</td>
<td>17</td>
<td>14</td>
<td>12</td>
<td>2</td>
</tr>
<tr>
<td>How many were staying in transitional housing?</td>
<td>44</td>
<td>20</td>
<td>25</td>
<td>0</td>
</tr>
<tr>
<td>How many were sleeping rough (car, stairwell, park, tent, vacant building)?</td>
<td>3</td>
<td>2</td>
<td>6</td>
<td>0</td>
</tr>
<tr>
<td>How many immigrants or refugees were there?</td>
<td>3 (n=113)</td>
<td>1 (n=50)</td>
<td>0 (n=89)</td>
<td>0 (n=10)</td>
</tr>
</tbody>
</table>
| What racial identity do you identify with (respondents could choose all that apply)? | 111 Total Responses  
White/European: 97  
Indigenous: 3  
Asian: 1  
Black/African Canadian: 5  
Human Race: 1  
South Asian: 1  
South-East Asian: 1  
Blank Response: 1 | 47 Total Responses  
White/European: 36  
Indigenous: 3  
British: 1  
Canadian: 1  
Italian: 1  
Scottish: 1  
Everybody: 1  
Don’t Know: 1  
Blank Response: 2 | 102 Total Responses  
White/European: 84  
Indigenous: 13  
Acadian: 1  
Black/African Canadian: 1  
French: 1  
Native: 1  
Welsh: 1 | 9 Total Responses  
White/European: 6  
Indigenous: 3 |
| How many people would like to get into permanent housing? | Yes: 100  
No: 4 | Yes: 47  
No: 1 | Yes: 90  
No: 3 | Yes: 10  
No: 0 |
| Top 3 services people wanted to access: | 1. Mental health counselling (54)  
2. Addiction substance use (35)  
3. Serious medical condition (22)  
n=159 total service needs | 1. Mental health counselling (26)  
2. Addiction substance use (16), serious medical condition (16)  
n=84 total service needs | 1. Mental health counselling (47)  
2. Addiction substance use (43)  
3. Serious medical condition (29)  
n=165 total service needs | 1. Physical disability (6)  
2. Serious medical condition (3), Mental health/counselling (3), learning disability (3)  
n=16 total service needs |
### SCHEDULE B: STATISTICS OF INTEREST FOR SERVICE PROVIDERS

<table>
<thead>
<tr>
<th></th>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
</table>
| **Do you feel safe where you are staying?** | Yes: 90  
No: 14  
No reply: 5  
Decline to answer: 1 | Yes: 41  
No: 5  
No reply: 3  
Decline to answer: 1 | Yes: 77  
No: 12  
No reply: 6  
Don’t know: 1 | Yes: 8  
No: 1  
No reply: 1 |
| **Have you experienced abuse?** | Financial: 57  
Physical: 67  
Psychological : 73  
Sexual: 42  
Spiritual: 16  
Verbal: 86  
Don’t know: 1  
Decline to answer: 7  
Blank/no reply: 8 | Financial: 24  
Physical: 26  
Psychological: 28  
Sexual: 14  
Spiritual: 12  
Verbal: 31  
Decline to answer: 3  
Blank/no reply: 4 | Financial: 54  
Physical: 58  
Psychological: 56  
Sexual: 42  
Spiritual: 26  
Verbal: 73  
Decline to answer: 1  
Blank/no reply: 16 | Financial: 8  
Physical: 9  
Psychological: 8  
Sexual: 4  
Spiritual: 2  
Verbal: 8  
Blank/no reply: 1 |
| **Do you have a healthcare provider?** | Yes: 72  
No: 37  
Don’t know/Decline/Blank: 4 | N/A | Yes: 59  
No: 21  
Don’t know/Decline/Blank: 16 | Yes: 7  
No: 3 |

n = number of responses
### SCHEDULE C: STATISTICS OF INTEREST FOR POLICY MAKERS

<table>
<thead>
<tr>
<th></th>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>What is the total homeless population?</strong></td>
<td>117</td>
<td>70</td>
<td>113</td>
<td>15</td>
</tr>
<tr>
<td><strong>How many children are homeless (under the care of a parent/guardian)?</strong></td>
<td>23</td>
<td>10</td>
<td>17</td>
<td>2</td>
</tr>
<tr>
<td><strong>How many youth (24 and under) were homeless on their own?</strong></td>
<td>30 (n=113)</td>
<td>9 (n=50)</td>
<td>18 (n=96)</td>
<td>2 (n=10)</td>
</tr>
<tr>
<td><strong>What are your sources of income?</strong></td>
<td>Incomes reported (153)</td>
<td>Incomes reported (51)</td>
<td>Incomes reported (109)</td>
<td>Incomes reported (23)</td>
</tr>
<tr>
<td></td>
<td>1. Social Assistance (74 reports)</td>
<td>1. Social Assistance (28 reports)</td>
<td>1. Social Assistance (46 reports)</td>
<td>1. GST (8 reports)</td>
</tr>
<tr>
<td></td>
<td>2. GST (23 reports)</td>
<td>2. Employment/EI (6 reports)</td>
<td>2. GST (12 reports)</td>
<td>2. Social Assistance (6 reports)</td>
</tr>
<tr>
<td></td>
<td>3. Employment (14 reports)</td>
<td>3. GST (5 reports)</td>
<td>3. Child and Family Tax Benefit (10 reports)</td>
<td>3. EI (3 reports)</td>
</tr>
<tr>
<td><strong>What is your highest level of education?</strong></td>
<td>110 people total</td>
<td>49 people total</td>
<td>95 people total</td>
<td>10 people total</td>
</tr>
<tr>
<td></td>
<td>G: 0</td>
<td>G: 1</td>
<td>G: 2</td>
<td>G: 0</td>
</tr>
<tr>
<td></td>
<td>PS: 14</td>
<td>PS: 7</td>
<td>PS: 12</td>
<td>PS: 0</td>
</tr>
<tr>
<td></td>
<td>PS (IP): 13</td>
<td>PS (IP): 7</td>
<td>PS (IP): 5</td>
<td>PS (IP): 2</td>
</tr>
<tr>
<td></td>
<td>HS/GED: 40</td>
<td>HS/GED: 14</td>
<td>HS/GED: 26</td>
<td>HS/GED: 2</td>
</tr>
<tr>
<td></td>
<td>Some HS/GED: 38</td>
<td>Some HS/GED: 15</td>
<td>Some HS/GED: 33</td>
<td>Some HS/GED: 5</td>
</tr>
<tr>
<td></td>
<td>Primary: 5</td>
<td>Primary: 5</td>
<td>Primary: 17</td>
<td>Primary: 1</td>
</tr>
<tr>
<td><strong>Have you ever been in a group home or foster care?</strong></td>
<td>111 people total</td>
<td>95 people total</td>
<td>50 people total</td>
<td>10 people total</td>
</tr>
<tr>
<td></td>
<td>Yes: 47</td>
<td>Yes: 25</td>
<td>Yes: 9</td>
<td>Yes: 1</td>
</tr>
<tr>
<td></td>
<td>No: 64</td>
<td>No: 70</td>
<td>No: 41</td>
<td>No: 9</td>
</tr>
<tr>
<td><strong>How long after leaving foster or group care did you become homeless?</strong></td>
<td>Median = 365 days</td>
<td>Median = 3,650 days</td>
<td>Median = 547.5 days</td>
<td>Median = 14 days</td>
</tr>
<tr>
<td><strong>Usage of health and correctional services</strong></td>
<td>Trip to ER: 163 (49 people)</td>
<td>Trip to ER: 91 (29 people)</td>
<td>Trip to ER: 179 (47 people)</td>
<td>Trip to ER: 61 (6 people)</td>
</tr>
<tr>
<td></td>
<td>Interactions with police: 72 (33 people)</td>
<td>Interactions with police: 62 (19 people)</td>
<td>Interactions with police: 110 (33 people)</td>
<td>Interactions with police: 7 (3 people)</td>
</tr>
</tbody>
</table>

*EI = Employment Insurance  
GST = Goods and Services Tax Refund  
PS = Post-secondary  
PS (IP) = Post-secondary in progress  
HS/GED = High school/General Equivalency Diploma  
Primary = Primary School*
### Top 3 services people wanted to access

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Mental health counselling (54)</td>
<td>1. Mental health counselling (26)</td>
<td>1. Mental health counselling (47)</td>
<td>1. Physical disability (6)</td>
</tr>
<tr>
<td>3. Serious medical condition (22)</td>
<td>n=84 total service needs</td>
<td>3. Serious medical condition (29)</td>
<td>n=16 total service needs</td>
</tr>
<tr>
<td>n=159 total service needs</td>
<td></td>
<td>n=165 total service needs</td>
<td></td>
</tr>
</tbody>
</table>

### What challenges have you experienced trying to find housing?

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>105 people</td>
<td>47 people</td>
<td>90 people</td>
<td>10 people</td>
</tr>
<tr>
<td>1. Low income (70)</td>
<td>1. Rents too high (29)</td>
<td>1. Low income (65)</td>
<td>1. Low income (10)</td>
</tr>
<tr>
<td>2. Rents too high (65)</td>
<td>2. Low income (28)</td>
<td>2. Rents too high (50)</td>
<td>2. Rents too high (6)</td>
</tr>
</tbody>
</table>

### Have you had to engage in risky behaviour/bad situations in order to keep your housing?

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>104 people total</td>
<td>49 people total</td>
<td>89 people total</td>
<td>10 people total</td>
</tr>
<tr>
<td>Yes: 35</td>
<td>Yes: 26</td>
<td>Yes: 36</td>
<td>Yes: 3</td>
</tr>
<tr>
<td>No: 69</td>
<td>No: 23</td>
<td>No: 53</td>
<td>No: 7</td>
</tr>
</tbody>
</table>

### Have you experienced abuse?

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychological: 73</td>
<td>Psychological: 28</td>
<td>Psychological: 56</td>
<td>Psychological: 8</td>
</tr>
<tr>
<td>Sexual: 42</td>
<td>Sexual: 14</td>
<td>Sexual: 42</td>
<td>Sexual: 4</td>
</tr>
<tr>
<td>Spiritual: 16</td>
<td>Spiritual: 12</td>
<td>Spiritual: 26</td>
<td>Spiritual: 2</td>
</tr>
<tr>
<td>Verbal: 86</td>
<td>Verbal: 31</td>
<td>Verbal: 73</td>
<td>Verbal: 8</td>
</tr>
<tr>
<td>Don’t know: 1</td>
<td>Decline to answer: 3</td>
<td>Decline to answer: 1</td>
<td>Blank/no reply: 1</td>
</tr>
<tr>
<td>Blank/no reply: 8</td>
<td>Blank/no reply: 4</td>
<td>Blank/no reply: 16</td>
<td></td>
</tr>
<tr>
<td>n=98 replies</td>
<td>n=46 replies</td>
<td>n=80 replies</td>
<td>n=9 replies</td>
</tr>
</tbody>
</table>

### Health issues people are facing

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Mental health (54)</td>
<td>N/A</td>
<td>1. Mental health (46)</td>
<td>1. Mental health (4)</td>
</tr>
<tr>
<td>n=215 total health issues reported</td>
<td>n=207 total health issues reported</td>
<td>n=23 total health issues reported</td>
<td></td>
</tr>
</tbody>
</table>

### Access to health care

<table>
<thead>
<tr>
<th>SAINT JOHN</th>
<th>FREDERICTON</th>
<th>MONCTON</th>
<th>BATHURST</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes: 72</td>
<td>N/A</td>
<td>Yes: 59</td>
<td>Yes: 7</td>
</tr>
<tr>
<td>No: 37</td>
<td></td>
<td>No: 21</td>
<td>No: 3</td>
</tr>
<tr>
<td>n=109</td>
<td></td>
<td>n=80</td>
<td>n=10</td>
</tr>
</tbody>
</table>

### In what language, do you feel best able to express yourself?

266 responded - English: (246) - French: (7) - Neither: (4) - Both English and French: (9)

n = number of responses
SCHEDULE D: WHAT WAS ASKED?

Core Questions were developed by the Government of Canada’s Homelessness Partnering Strategy, in consultation with community partners. These questions were asked in every community that took part in Everyone Counts and solicited the following information:

- whether respondents had a permanent residence;
- where they were staying on the night of the count;
- whether respondents were experiencing family homelessness;
- what their age was;
- What their age was when they first experienced homelessness;
- what gender they identified with;
- How they describe their sexual orientation;
- How long they’ve been in the community;
- whether they identified as Indigenous or have Indigenous ancestry;
- whether they had served in the Canadian Armed Forces or Royal Canadian Mounted Police;
- whether they came to Canada as an immigrant or refugee;
- what length of time they spent homeless over the past year;
- what number of distinct homeless episodes they had over the past year;
- whether they used an emergency shelter over the past year;
- what the reasons were for their most recent housing loss; and
- what sources of income they had.

COH (Canadian Observatory on Homelessness) Questions were developed to complement the core questions and gather more detailed information on the participant’s experience of homelessness. Communities could choose whether to include the questions or not. The COH questions solicited the following information:

- the main reason they came to the community;
- if they were a Canadian citizen;
- if Indigenous, which community they were from;
- the highest level of education they completed;
- whether they had ever been in foster care and/or group home;
- how long after leaving foster care and/or group home they became homeless;
- what racialized identity they identify with;
- how many times they have: been to an emergency room; been hospitalized; interacted with police; and/or been to prison/jail;
- whether they want to get into permanent housing;
- what challenges or problems they have experienced when trying to find housing;
- what would help them find permanent, stable housing;
- what kind of services they have a need for;
- in what language they feel best able to express themselves.
Local questions were developed by local PiT Count organizers, in consultation with community partners. All questions, with a few exceptions, were asked in each New Brunswick community. Local questions solicited the following information:

- (if staying in a shelter) What type of shelter (VAW or emergency);
- (if staying with friends or family) Whether they could stay there as long as they wanted;
- If they felt safe where they were staying;
- If they would still choose to stay there if they felt they had any other option;
- If they had friends, family, or community organizations in their lives to support them;
- If they had ever felt discriminated against or taken advantage of by a housing provider because of their gender;
- if they had ever engaged in risky behaviour to keep their housing;
- if they had ever worried about losing their children because of their housing difficulty;
- what types of abuse they had experienced (if any);
- what health issues they were currently experiencing;
- whether they had a regular health care provider;
- whether they had anything else they wanted to share about their housing needs.